

Naked, Unashamed & Unafraid

How to Develop Spiritual Intimacy with God

Brought to you by

The Hem's *School of the Spirit*



Christian Affirmations:

Instructions:

Pint these affirmations! You can even cut them out and glue them to index cards! Carry them with you and read them aloud throughout your day.
Allow God's Word to renew your mind to be in line with His.

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When God came to visit with Adam and Eve,
they hid themselves in shame and fear.
But, today, I choose to come out of hiding once and for all.

I am taking off my Perfect Christian mask before the Lord.
No matter how scared I may feel.
I bring every part of myself before the Lord
The good, the bad, and the ugly.

But, God is not like man
With man I am accepted based on my performance
But, with God, I am not accepted based on my own perfection,
but based on His.

*Scripture References: Genesis 3:8-10 AMP

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The essence of God is Unconditional love.
That means I don't have to hide my imperfections from Him
Fore, it is His very nature to love me in spite of them.
In fact, it is His plan to love me out of them.

I will no longer run away from God when I make a mistake,
But I will run to Him for His help and strength.
I will no longer hide life's pains deep within my heart
But I will take them to my prayer closet, And let my Abba heal my wounds

When I have fear or doubts, I will be honest with myself and honest with God
I will take my fears to Him in private
because I know that's the only way He can turn them into faith.

*Scripture References: 1John 4:8

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I no longer have to do everything on my own, and I'm not in this life by myself.
But my God is interested in every aspect of my life.
So, I will take my problems to Him first before I try to fix them myself.
I will cast all of my cares upon the Lord because He truly does care for me.

He has promised that He will never leave me or forsake me.
Indeed, nothing can separate me from the love of God.

So, today I proclaim:

"Here I am Lord. I'm not perfect...I hurt when I want to be strong.
I stumble when I want to stand tall. But, I love You and I trust You.
Help me be the person You created me to be. Mold me into Your masterpiece."

*Scripture References: I Peter 5:7, Hebrews 13:5, Romans 8:35-39

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